



2020 WREB CANDIDATE PACKET

**UCSF Dental Center
707 Parnassus Avenue
San Francisco, CA. 94143
(415) 476-1891
Dentistry.ucsf.edu**



University of California
San Francisco

School of Dentistry

Clinic Administration
Box 0752
707 Parnassus Avenue
San Francisco, CA 94143
tel: 415.476.1778
www.ucsf.edu

Dear Candidate:

The Western Regional Examination Board will be conducted at the Dental Clinics Building, 707 Parnassus Avenue, at the University of California, San Francisco School of Dentistry on May 15 - May 18, 2020. All information regarding the examination procedures, patient requirements and your assigned days will be sent to you directly from the Western Regional Examination Board approximately four weeks prior to the examination. The informational packet sent by the Western Regional Examination Board is very complete and should answer most of your examination questions.

Orientation will be held on Friday, May 15, 2020 in an auditorium that is yet to be determined at the University of California, San Francisco. We will present a tour of the school and demonstrate equipment at a time to be determined. The school tour will meet in the first floor lobby area of the Dental Clinics Building. The clinical examinations will be conducted at UCSF School of Dentistry, 707 Parnassus Avenue on May 15 - May 18, 2020.

For the clinical portion of the examination, the UCSF School of Dentistry will provide all expendable and disposable items to the candidates during the examinations (including clinic gowns). The School will provide sterilization services for all candidates during the clinical examination days. The Clinic Infection Control Guidelines of the School follow strict ADA, CDC and Dental Bureau of California guidelines of "universal precautions". These guidelines, including the sterilization of handpieces, must be adhered to during the clinical examinations. In the event of an emergency, the WREB examiners will have access to the school's automatic external defibrillator (AED) and provide appropriate action according to the American Heart Association (AHA) standards until emergency responders arrive.

Some dental supplies may be purchased at the Student Store, Room D-1000C, 1st floor, Dental Clinics Building. On the week of May 11 – May 15, the Student Store hours will be 8:30am to 4:00pm. On Saturday, May 16 - Monday, May 18, the WREB Clinical Examination dates, the Student Store will be open 6:00am to 6:00pm. At the Student Store candidates can rent Hi & Low Speed handpieces (\$100 each) and Piezo tip (\$100). A credit card will be held at the Student Store until the rented items have been returned. All other dental instruments must be supplied by the candidate.

Candidates are required to provide their own patients. The School cannot provide or assist in obtaining patients for candidates and cannot provide facilities for screening or examination of patients. No solicitation for patients is permitted in the Dental Clinics Building or in the immediate School of Dentistry campus area. Patient brokering, i.e., the selling of



patients, will not be tolerated under any circumstances within the school of dentistry and/or on the premises of the university. Violation of this rule will result in immediate removal from the campus of the university.

Conventional radiographic facilities are available, but all patient films must be taken by the School's x-ray technicians. Fees for x-ray services must be paid at that time. Please call the UCSF Dental Center at 415-476-1891 for X-ray prices. UCSF is fully digital for the Endo portion of the examination.

The clinics are designed in cubicle form and all clinical units will accommodate four-hole high and low speed handpieces. All clinic units have 3-way air water syringes which utilize disposable tips. We have A-dec chair mounted units and Link doctor and assistant stools. All clinical procedures will be completed on the 2nd and 3rd floor clinics.

Candidates will be mounting the ModuPro arches on Frasco manikin heads. The manikins require an articulator. There will be shrouds used on the manikins. The School Student Store does not carry the Endodontics or Prosthodontics Acidental ModuPro arches. They can be purchased from Acidental directly at <http://acadental.com/magento/licensure-candidates/wreb> or by calling (913)384-7390.

We will be participating in Provisional Acceptance this year for UCSF students only. All provisional radiographs must be given to radiology to submit to WREB between April 17 – April 30, 2020.

Food services are available at the Moffitt Hospital Cafeteria on the 2nd floor of Moffitt Hospital, and in the Millberry Union Complex. There are several motels nearby, or a candidate may stay at a downtown hotel which would be a short bus or streetcar ride from the campus. The enclosed map will provide information and familiarization of the immediate surrounding areas of the campus. Candidates may acquaint themselves with the clinics and laboratories of the Dental Clinics Building prior to the Western Regional Examination. However, we ask that you not disturb students who are providing care for their patients. Please obtain a visitor's name tag from the 1st Floor Front Desk of the Dental Clinics Building.

Sincerely,

Dr. Sean Mong, DDS, EdD
Office for Clinical Services
UCSF School of Dentistry

LIST OF EXPENDABLE MATERIALS SUPPLIED BY THE SCHOOL FOR CANDIDATE USE IN THE CLINIC

Amalgam capsules	Impression materials
Articulating paper	Instrument trays (disposable or metal)
Autoclave tape	Local anesthetic
Cement	Matches
Composite/lining materials	Mouth wash
Cotton Pellets	Needles, short and long
Cotton rolls	Paper towels
2 x 2 cotton squares	Patient bibs
Cotton swabs	Polishing materials for restoration
Deck paper	Prophy paste
Disinfectant	Retractive cord
Disposable Gowns (2 Colors -1 for candidate and 1 for assistant)	Rubber dams
Drinking cups	Rubber dam napkins
Evacuator tips	Saliva ejectors, standard
Face masks	Soap
Facial tissue	Topical Anesthetic
Floss	Trash bags
Gloves	Tray covers
Headrest covers	X-ray developer and fixer
Hemodent	X-ray film

LIST OF EXPENDABLE MATERIALS SUPPLIED BY THE SCHOOL FOR USE DURING THE ENDODONTICS AND PROSTHODONTICS EXAM

Face masks	Files	Hypochlorite
Gloves	Gutta percha points	Red rope wax or similar wax for use stabilizing sextants for radiographs
Paper towels	Paper points	Suction tips
Paper for bench top	Endodontic sealer	X-ray film
2x2 guaze	Isoproply alcohol	X-ray film clips
Rubber dams	Sodium hypochlorite	Film mounts - 4 hole
RC-Prep (EDT A or other material)	Disposable irrigation	PVS Material
	Syringe for sodium	

UCSF Public Parking

UCSF is located in a densely populated urban environment. For the convenience of faculty, staff, students, and guests, we offer a variety of parking locations on each campus. Rates vary by location and time of day.

Three convenient sites serve our 107-acre Parnassus campus, located south of Golden Gate Park.

Millberry Union Public Garage

500 Parnassus Avenue, located across from the Medical Sciences Building
Electric vehicles have access to chargers at this location

Westside/Kirkham Surface Lot

707 Parnassus Avenue, located behind the School of Dentistry

Beckman/Koret Surface Lot

5th Avenue at Kirkham

Public parking rates at Parnassus are as follows:

- 0-1 Hours = \$4.00
- 1-2 Hours = \$8.00
- 2-3 Hours = \$12.00
- 3-4 Hours = \$16.00
- 4-5 Hours = \$20.00 (24-hour comp sticker rate)
- 5-6 Hours = \$24.00
- 6-7 Hours = \$28.00
- 7-24 Hours = \$32.00 (daily maximum)

Motorcycle parking rates are as follows:

- 0-1 Hours = \$4.00
- 2-24 Hours = \$6.00 (daily maximum)

Disabled parking rates are as follows:

- 0-1 Hours = \$4.00
- 2-24 Hours = \$7.00 (daily maximum)

Weeknight (6:00 pm - 7:00 am) and weekend parking at the Westside/Kirkham Surface Lot and Beckman/Koret Surface Lot = \$3.00 flat rate

Hotels Near Parnassus Campus

1. The Harper House

1562 Waller Street, San Francisco, CA 94117

Phone: (415) 522-1560

Website: <https://www.HarperHouseB-B.com>

District: Haight Ashbury

Description: Four Units. Two with private bath. Two with shared bath. No parking available, no pets, no smoking, fresh linens and cleaning bi-weekly.

Rates: Units with private bath - \$1,670 a month, plus security deposit. Second Unit with private bath - \$1,270 a month plus security deposit. Two units with shared bath - \$1,070 a month plus security deposit. Utilities and cleaning are included. Free Wi-Fi DSL internet access.

Remarks: The Harper House rents apartments monthly, to fulfill short-term housing needs, especially for UCSF medical center staff. The furnished rooms are very quiet and comfortable. Walking distance to Parnassus campus. A refundable security deposit of \$250 is required for a reservation.

Access: Walking Distance: 10 blocks to Parnassus. MUNI: 1 block to #6 to Parnassus/Buchanan and 1 block to #43 to Parnassus/Laurel Heights.

2. The Herb'n Inn

525 Ashbury Street, San Francisco, CA 94117

Phone: (415) 553-8542

Email: pam@herbninn.com

Website: <https://www.herbninn.com>

District: Haight Ashbury (near Golden Gate Park)

Description: Fully furnished private bedrooms **for those who seek lodging for 30 nights or more.** Most bedrooms share a bathroom on the hallway with 2 other guestrooms. We have one private bedroom with a private bathroom. There is a spacious fully equipped kitchen with 6-burner stove and 2 ovens, 2 sinks, 2 refrigerators, 2 tables, and ample counter space so it is easy to share. Each guest has personal food storage space in both dry food storage area and the fridge. We provide and launder your sheets & towels. The laundromat is an easy walk from the inn for your personal items. Cable TV and Wi-Fi included.

Rates: \$1,400/month single occupancy with shared bathroom; \$1,600/month single occupancy with private bathroom (double occupancy add \$300). VISA/MC accepted as deposit. **30-day minimum stay required. Monthly lodging available.**

Remarks: Guests can enjoy a quiet deck and backyard. Your hosts, SF residents for over 40 years, have been hosting since 1988. Great running trails are in nearby Golden Gate Park. Restaurants, grocery stores, and extensive public transit available a block away. We hope you will be our guest!

Almost exclusively, our guests are UCSF-affiliates, which creates a friendly internationally revolving extended family atmosphere; yet solitude and quiet is easily achievable as the house is quite large.

Access: Walking distance 9 blocks to UCSF Parnassus and access to all campus shuttles & loaner bike may be available. MUNI: 1 block to #43 to Parnassus/Laurel Heights. 1 block to #6 to Parnassus and 1 block to #33 to ZSF General Hospital.

3. Home Away From Home

210 Fifth Avenue, San Francisco, CA 94118

Phone: (415) 386-0623

Email: homeawayfh@aol.com

District: Inner Richmond

Description: Located just steps from the Clement Street corridor (famous among locals for top-notch restaurants and unique shopping), we offer fully furnished, sunny and bright 1- and 2- bedroom NON-SMOKING apartments. Restaurants abound in our neighborhood, ranging from Turkish to Japanese, and other flavors of the world.

Farmer's market on Sundays. 1- bedroom sleeps up to 2 people; 2- bedroom apartment sleeps up to 4. Queen beds, fully-equipped kitchen areas, bathrooms with shower/tub, flat screen TVs with Netflix, HBOGO, Hulu, VUDU and complimentary Wireless internet.

Rates: Seasonal rates start from \$3,500 a month (approximately \$116 per day). Garage parking is available for an additional fee. We offer flexible short or long-term rentals.

Rates subject to change without notice. We accept PayPal. **DISCLAIMER:** Home Away From Home is the Originator of the Rate description provided here. We are NOT affiliated with any other lodging establishments listed with UCSF, neither has authorization or consent been given by Home Away From Home for its use, to those listing who have similar descriptions included in their advertisement.

Remarks: Extremely clean, quiet and well-maintained apartments on a tree-lined street. Friendly residential neighborhood. One block away to Clement and California Streets for shops, restaurants, cafes, etc. No smoking. No pets.

Access: Walking Distance: 7 blocks to UCSF Shuttle located at 3360 Geary to Parnassus / Mt. Zion Campus or a 7-minute drive. MUNI: #1 California to Mt. Zion and Laurel Heights and #38 Geary to Mt. Zion, Laurel Heights or to VA hospital.

4. Rodeway Inn & Suites Ocean Beach

1234 Great Highway, San Francisco, CA 94122

Phone: (415) 731-6644 Fax: (415) 731-5309

Email: rodeway.oceanbeach@gmail.com

District: Sunset

Description: 59 rooms with private baths, cable TV, phones and wireless internet. Microwaves and small fridges in most rooms. Free on-site parking. Complimentary coffee and pastries in the morning. Not pet friendly.

Rates: Daily: \$99-\$209. (Call for UCSF discounted rates). Visa, MasterCard, American Express & Discover cards accepted.

Remarks: Rodeway Inn & Suites Ocean Beach offers countless activities within a five-mile radius including hiking, biking, surfing, and shopping. There is a gas station, laundromat and a Safeway grocery store just a mile away. **Access:** MUNI: 2 blocks to N-Judah train to Parnassus/China Basin.

5. The Metro Hotel

319 Divisadero Street, San Francisco, CA 94117

Phone: (415) 861-5364

Website: <http://www.metrohotelsf.com>

District: NOPA/Lower Haight

Description: We are a charming, family run, boutique hotel. We offer 24 comfortable, clean, non-smoking, cozy rooms, each with a private bathroom. Wireless Internet and Cable TV are complimentary. We offer a tranquil garden for your enjoyment. Pets are not allowed; service animals are welcome. We do not offer parking. You may park at the USCF garage and take public transportation to our hotel.

Rates: \$121 - \$221 per night (15.3125% city tax not included). UCSF Parnassus and Mt. Zion patients and families receive a discount for all reservations arranged by phone (415-861- 5364). All major credit cards are accepted.

Remarks: It is an urban oasis in the middle of the metropolis. We are centrally located, and nestled between several vibrant neighborhoods: Lower Haight, NOPA, Alamo Square, Golden Gate Park and the Castro. We are affordable European-style pensione, with easy, one bus access to either Parnassus or Mount Zion. All rooms are up a flight of stairs (22 stairs for first flight, 44 stairs for second flight). If mobility is an issue, we may not be your best choice. What we lack in square footage, we more than make up with our friendly and helpful staff. The Metro Hotel has been awarded Trip Advisor's certificate of Excellence for years and outstanding with Yelp.

Access: Walking distance: Yes, if you like walking: Parnassus 1.6 miles, Mt. Zion .9 miles. MUNI: 1 block to #24 to Mt. Zion. 1 block to #6 Parnassus/ Buchanan.

Brief Overview of UCSF School of Dentistry Infection Control Guidelines

Standard Precautions must be observed at this facility in order to prevent contact with blood or Other Potentially Infectious Materials (OPIM). All human blood and body fluids (including saliva in dentistry) are treated as if they are known to be infectious for HIV, HBV and other bloodborne pathogens, with the exception of sweat. Standard Precautions are the minimum infection prevention practices that apply to all patient care, regardless of suspected or confirmed infection status of the patient, in any setting where health care is delivered. These practices are designed to both protect DHCP (Dental Health Care Provider) and prevent DHCP from spreading infections among patients.

Standard Precautions include:

1. Hand Hygiene :

- Hand hygiene modalities available at this facility:
 - a. Antimicrobial hand soap
 - b. Alcohol-based hand rub
- Hand hygiene must be performed:
 - a. Before and after treating each patient
 - b. Before putting on gloves and again immediately after removing gloves
 - c. When hands are visibly soiled
 - d. After inadvertent barehanded touching of instruments, equipment, materials, and other objects likely to get contaminated by blood, saliva, or respiratory secretions
 - e. Use soap and water at the start and end of each work session and when hands are visibly soiled (e.g., blood, body fluids); otherwise, an alcohol-based hand rub may be used
- All DHCP who have exudative lesions or weeping dermatitis of the hand must refrain from all direct patient care and from handling patient care equipment until the condition resolves

2. Personal Protective Equipment:

- A. Disposable gowns:
 - Single use disposable gowns are available and must be worn during all dental procedures (including exam, treatment, x rays, operator cleaning and disinfection, etc.). The gowns must be changed when permeated with blood or OPIM. Gowns are not to be worn outside of the clinic treatment areas
- B. Eye, face and respiratory protection:
 - Masks in combination with eye protection devices, such as goggles or glasses with solid side shield or chin length face shields, are required to be worn whenever splashes, spray splatter or droplets of blood or OPIM may be generated, and eye, nose or mouth contamination can reasonably be anticipated (including but not limited to during dental exam, treatment, x rays, operator cleaning and disinfection, lab work, etc.)

C. Gloves:

- Precautions must be taken to avoid hand injuries during all procedures
- Hand Hygiene must be performed before putting on gloves and immediately after removing gloves
- Exam gloves must be worn when performing any dental procedure and when handling or touching specimens, contaminated items, or surfaces
- Single-use disposable nitrile exam gloves are used at this facility. Exam gloves are to be disposed of after one use (i.e. are not to be washed or decontaminated for re-use), or if they are torn, punctured, or when their ability to function as a barrier is compromised
- Exam gloves must be removed and hand hygiene performed when leaving immediate treatment area
- Overgloves must be used (exam gloves removed; hand hygiene performed; overgloves worn) when touching equipment or supplies in the clean supply carts
- Utility gloves must be used when handling contaminated instruments after patient care is finished and for cleaning and disinfecting the dental operatories. Single use disposable utility gloves are available at this facility

D. Patient Protection:

- Eyewear or other means of eye protection must be used by patients during all procedures when chair is reclined
- Disposable patient napkin must be used to protect patient clothing during all dental procedures

3. Sharps Safety :

- Contaminated needles and sharps must not be sheared or purposely broken. Recapping of needles is allowed for procedures requiring more than one administration of anesthesia, but in such cases, a one-handed recapping method is required
- Do not recap used needles by using both hands or any other technique that involves directing the point of a needle toward any part of the body
- Use either a one-handed scoop technique or a mechanical device designed for holding the needle cap when recapping needles. Protector Needle Sheath Prop is available at this facility for safe single-handed recapping of needles
- Place used disposable syringes and needles, scalpel blades, and other sharp items in appropriate puncture-resistant containers located in each operatory

4. Sterilization of patient care items :

- All critical and semi-critical dental instruments, items and devices (including high-speed handpieces, low-speed handpieces, rotary components, ultrasonic scaler attachments and tips, reusable air/water syringe tips) must be steam sterilized (autoclaved) prior to and after use on each patient (Refer to Dental Board of California Minimum Standards for Infection Control link at the bottom of the document)

- Non-critical surfaces and patient care items must be cleaned and disinfected with Cal/EPA registered intermediate level hospital disinfectant (Cavicide available at this facility) after each patient
- Single use disposable items such as prophylaxis angles, prophylaxis cups and brushes, tips for high-speed evacuators, saliva ejectors, disposable air/water syringe tips, and gloves must be used for one patient only and discarded

5. Environmental Infection Control:

UCSF School of Dentistry clinics must be maintained in a clean and sanitary condition. Staff and students must decontaminate any areas, surfaces, or equipment that may become contaminated with blood or OPIM. Patient care areas (operatories, lab areas, x-ray room) must be decontaminated with an appropriate Cal/EPA-approved intermediate level disinfectant (Cavicide wipes and spray is available) before and immediately after a procedure or after the patient has been dismissed or after any spill of blood, or OPIM

Procedure for room/cubicle set up:

- a. Perform hand hygiene (wash hands with soap and water OR use alcohol based hand rub)
- b. Don PPE (gown, mask placed completely over nose & mouth, eye protection, gloves)
- c. Refill the water reservoir bottle (if needed) & attach to dental chair
- d. Turn on the dental chair
- e. Place bagged rheostat (chair control) on the floor (do not remove the bag)
- f. Flush all air/water lines without attachments in place (handpiece lines, ultrasonic scaler lines, air/water syringes) for 2 min at the beginning of the day
- g. Clean and disinfect all clinical contact surfaces of the patient chair/cubicle including, but not limited to operator's table, bracket holes, hoses, patient chair, seat wedge, provider and assistant chair
- h. Remove gloves & perform hand hygiene
- i. Don clean overgloves and retrieve clean supplies for set up
- j. Place surface barriers on any intraoral supplies (e.g., saliva ejector, air water syringes, etc.) and clinical contact surfaces (e.g., light handles, curing light, etc.) with clean hands or clean overgloves (all intraoral supplies must be handled with overgloves)
- k. Remove overgloves
- l. Seat patient, place patient napkin, give patient protective eyewear

Procedure for room/cubicle breakdown:

- a. Dismiss patient
- b. Don PPE (gown, mask, protective eyewear, utility gloves)
- c. Carefully and safely remove all sharps; discard into sharps container
- d. Discharge water and air for 20-30 seconds after each patient, from any device connected to the dental water system that enters the patient's mouth (e.g., connected air/water syringe tips, handpieces and ultrasonic scalers)
- e. Remove all handpieces, attachments to the level of the dental unit lines (including all motors, swivels, nosecones, high and low speed handpieces)
- f. Consolidate instruments, close cassettes

- g. Remove and discard all disposable surface barriers and supplies (used or unused)
- h. Clean and disinfect the operatory surfaces, equipment, or supplies used (e.g., glasses, seat wedge, etc.)
- i. Transport contaminated instruments to the instrument return room
- j. At the end of day, change rheostat bag and place the rheostat on the dental chair
- k. Remove and discard gloves, perform hand hygiene
- l. Leave the operatory neat and organized

Food, Drink and Cosmetics:

- DO NOT bring food/drinks; apply cosmetics/lip balm; handle contact lenses in clinical areas

Non-sharps regulated waste:

- Any non-sharps biohazard waste (e.g. grossly bloody gauze, etc.) shall be placed in red biohazard bags, sealed and deposited at the instrument return window for appropriate disposal

Non-regulated waste:

- Medical waste that is contaminated with only small quantities of blood or OPIM (e.g. 2x2 gauze with small amount of blood or saliva that cannot be expressed by squeezing) shall be placed into an impervious paper or plastic bag, sealed, and disposed in regular trash

Link to Dental Board of California Minimum Standards for Infection Control:

[https://govt.westlaw.com/calregs/Document/I3F75D9A0B95D11E0A3CAA6663E6464AA?viewType=FullText&originationContext=documenttoc&transitionType=CategoryPageItem&contextData=\(sc.Default\)](https://govt.westlaw.com/calregs/Document/I3F75D9A0B95D11E0A3CAA6663E6464AA?viewType=FullText&originationContext=documenttoc&transitionType=CategoryPageItem&contextData=(sc.Default))

